



# ELYSEUM

wellness & spa

## MENU

Discover our wide variety of food  
and drinks for an enjoyable stay



## NON-ALCOHOLIC DRINKS

San Pellegrino / Acqua Panna	0.25 l	3.50
San Pellegrino / Acqua Panna	0.75 l	7.50
Granini juice / juice Spritzer	0.20 l	3.50
Coca-Cola, Coca-Cola light	0.33 l	4.00
Fanta, Sprite, Mezzo Mix	0.33 l	4.00
Vitamalz malt drink	0.33 l	4.00

## FRESH JUICE / FRESH SMOOTHIES

Freshly squeezed Orange juice	0.25 l	6.00
Freshly squeezed Grapefruit juice	0.25 l	6.00
Freshly squeezed Grapefruit-Orange mix	0.25 l	6.00
Carrot, ginger, apple and orange	0.25 l	6.50
Green Smoothie with cucumber, spinach, honeydew melon, basil and honey	0.25 l	6.50
Red Smoothie with coconut and soya milk, mixed forest berries, orange juice and fresh mint	0.25 l	6.50
White Smoothie with coconut milk, pineapple, banana and honey	0.25 l	6.50

## TEA SELECTION

Hand-picked teas of the Ronnefeldt company  
Per cup 3.50

- Morning Dew (Green Tea)
- Ayurveda Herbs & Ginger
- Lemon Fresh
- Green Dragon
- Mountain herb tea
- Darjeeling tea
- Moroccan Mint
- Wellness

## COFFEE SPECIALITIES

Espresso, Espresso macchiato		3.20
Café Crème		3.50
Cappuccino, Latte macchiato, Café latte		4.00
Espresso double shot		4.20
Hot chocolate		4.00

## WINE / SPARKLING WINE / CHAMPAGNE

Mumm sparkling wine Piccolo	0.20 l	10.00
Red wine, Côtes du Rhône A.C., dry, Le Privilège	0.375 l	10.50
White wine, Pinot blanc, dry, Weingut Wittmann	0.375 l	9.50
Champagne	0.375 l	49.00

## BEER


König Pilsener draught	0.30 l	4.00
König Pilsener alcohol-free (bottle)	0.33 l	4.00
Shandy	0.30 l	4.00
Erdinger wheat beer (bottle)	0.50 l	5.50
Erdinger alcohol-free (bottle)	0.50 l	5.50

## FITNESS BREAKFAST

7.00 a.m. to 11.30 a.m.

Two wholemeal rolls, butter, jam, honey, fresh-grain porridge, fruit salad, a choice of hot drink and a fresh orange juice 14.00


## LITTLE DELICACIES

<b>Minestrone</b> 	7.00
Italian vegetable soup with herb and olive pesto	
<b>Boulevard Baguette</b>	10.00
with roast beef and tartar sauce or with smoked salmon and horseradish cream	
<b>Boulevard Tapas</b>	13.50
Toasted slices of baguette with king prawns and olives, parma ham with melon and Hass avocado tartare with red chilli pepper	

## FRESH AND FULL OF VITAMINS

<b>Turkey salad</b>	14.50
Leaf salads with tender turkey breast medallions, mushrooms, cucumber, tomatoes and vinaigrette of white Balsamic vinegar and olive oil	
<b>Caesar salad</b>	16.00
Romaine and rucola lettuce, croûtons, French dressing and parmesan served with grilled scampi	
<b>Niçoise salad</b>	11.50
Leaf salads with tuna, egg, mushrooms, cucumber, tomatoes and vinaigrette of white Balsamic vinegar and olive oil	

## LIGHT TREATS

<b>Pasta mushrooms</b> 	12.50
Linguine Pasta with creamed mushrooms, cherry tomatoes and chives	
<b>Spaghetti Scampi</b>	16.00
Spaghetti with fried prawns, melted cherry tomatoes and garlic	
<b>Beefburger 200 g</b>	14.00
100% Beef, grilled with tomatoes, roasted baguette, herbal butter and romaine lettuce served with French fries	
<b>Elysée Club sandwich</b>	16.50
Grilled corn-fed chicken breast with green lettuce, avocado tartare, crispy bacon and egg, served on whole-grain toast	

## FITNESS SNACKS

<b>Fresh fruit salad</b> garnished with mint		6.00
<b>Safari nut mix</b> (spiced and salted), Kernenergie	100 g	5.50
Protein and energy bar		3.00
Protein shakes (various flavours)	0.50 l	4.50
Isolite drinks	0.50 l	4.00
Magnesium drinks	0.50 l	4.00